

1 RULES

- 1.1 All races will be governed by current rules of Sail Canada (SC); {World Sailing Racing Rules of Sailing (www.worldsailing.org) with the prescriptions of the SC}, the rules of each class concerned and by these sailing instructions.

2 ENTRIES

- 2.1 In order to participate in the FPSC race program you must:
- 2.1.1 Be a paid-up member of the club for the current year and supply the club with proof of current insurance.
 - 2.1.2 Have a valid PHRF - LO certificate
- 2.2 Failure to comply with the requirements of 2.1 will result in being scored DNC (Did Not Compete) in any race/series sailed when these conditions are not met

3 NOTICES TO COMPETITORS

- 3.1 All notices to competitors will be posted on the club bulletin board at Fifty Point Marina.
- 3.2 R.C. shall try to monitor channel **69** approximately 1 hour before race, and during the race. (Race Officer will text skipper on race day if weather cancelation)

4 CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any changes in the sailing instructions shall be made by:
- 4.1.1 Posting notices on the club bulletin board no later than 17:00 hrs on the day it will take effect, except a change in schedule of races, which will be posted seven (7) days before it will take effect, or;
 - 4.1.2 Communicating verbally to each yacht on the water before the warning signal in accordance with the following procedure:
 - Committee boat will display code flag 'L'.
 - All yachts will come within hail of the committee boat to receive instruction. After instruction changes have been communicated to all competitors, code flag 'L' will be lowered.

5 SIGNALS MADE ASHORE OR ON THE WATER

- 5.1 Signals made ashore will be displayed on the committee boat.

- 5.2 Code flag ‘N’ accompanied by three (3) sound signals means that the race has been abandoned and will not be resailed on that night. Abandoned races will be attempted to be resailed on a later date.
- 5.3 One (1) audible signal while the committee boat is still in harbour indicates that the race committee is heading out to the course.
- 5.4 One (1) audible signal when the committee boat returns to harbour signals ‘protest time has begun’.

6 SCHEDULE OF RACES

Spring Tuesday Series: May 24, 31, June 7, 14, 21, 28, July 5, 12 (eight races)

Summer Tuesday Series: July 19, 26, Aug. 2, 9, 16, 23, 30, Sept. 6 (eight races)

Makeup race: Sept 13

Club Championship: September 10th (Three races) (alternate date, Sept 11th)

- 6.1 For the Spring and Summer Series, the committee boat will be on station at 18:30 hrs. Warning signal will be at 18:35 hrs.
- 6.2 Race Instructions for the Club Championships will be posted at a later date.
- 6.3 If required due to absence of a Race Committee, all registered boats will be required to have a person on the Race Committee boat one night throughout the race season. The list is to be published. Failure to cover your night will result in DSQ for the race you were assigned. If you choose not to race your boat on your designated night you will be scored your series overall average.

7 THE COURSE

- 7.1 Refer to the diagram in Appendix A of these instructions for the course layout and the approximate distance between marks.
- 7.2 The course will be displayed on the committee boat. The standard course will be two complete laps of the course unless otherwise posted.
- 7.3 If a mark of the course is missing, a temporary mark will be placed in the approximate location of the missing mark. This change will be communicated according to Section 4 of the sailing instructions.

8 MARKS

- 8.1 The course marks are plastic pipes approximately 6” in diameter and 8’ tall.

9 THE START

- 9.1 See Appendix B for start sequence and classes.

- 9.2 The start line will be between the port flag on the committee boat and the centre mark. The starting area is defined as the area surrounding the start line that extends three (3) boat lengths beyond the port and starboard ends of the line as well as three (3) boat lengths above and below the start line. All yachts whose preparatory signal has not been made shall keep clear of the starting area of all yachts whose preparatory signal has been made.
- 9.3 Any part of a boat's hull is on the course side of the starting line or its extensions during the minute before her starting signal, she shall thereafter sail from the course side across an extension to the pre-start side before starting. (SC 30.1). The RC boat may fly the 'P' flag or the 'I' flag, but either one indicates rule 30.1 is in effect.
- 9.4 In the situation where there is no RC boat on station see Appendix 'C'

10 **RECALLS**

- 10.1 Individual recalls will be signalled in accordance with SC 29.1.
- 10.2 General recall will be signalled in accordance with SC 29.2

11 **CHANGE OF COURSE AFTER THE START**

- 11.1 The race committee may elect to shorten or lengthen the course. Monitor channel 69 for changes to the course.
- 11.2 Shorten course will be signalled by 2 horn blasts and flying of code flag " S "
- 11.3 Lengthen course will be signalled by 4 horn blasts and the flying of fleet flag of the appropriate fleet or fleets. Lengthen course will be one more complete lap of the course for the fleets designated.
- 11.4 The change will be signalled before the leading yacht has begun the leg.

12 **THE FINISH**

- 12.1 The finish line will be between the on station flag on the committee boat and the centre mark. The finish line is to be crossed in the direction from the previous mark. (The finish mark may be to port **or** starboard).

13 **TIME LIMITS**

- 13.1 The first mark must be round within *forty five (45) minutes* of starting. If no yacht has rounded the first mark within this time period, then the race will be abandoned. If possible, abandoned races may be made up at the end of the regular season.
- 13.2 The time limit for finishing the races will be two (2) hours elapsed time after the start of the fleet (ie, fleet flag down). Any yacht finishing after two hours will be scored DNF.
- 13.3 Curfew will be signalled with 3 horn blasts and dropping the RC flag.

14 PROTESTS

- 14.1 Protests must be submitted on a SC Protest Form within one (1) hour of the committee boat returning to harbour. On her return to harbour, the committee boat will make one (1) audible signal to indicate the beginning of the time period within which a protest may be lodged. Protest forms are available from the race committee.
- 14.2 All protests should be presented to the race chairman who, in turn, will take them to the protest committee.
- 14.3 The jury will attempt to hear protests on the same day/evening they are received.

15 SCORING

15.1 Yacht finish times will be handicapped using the PHRF - LO time-on-time scoring system.

Minimum number of races to score for a Series, Championship and Overall:

- Spring Series 8 races (4 race minimum)
 - Summer Series 8 races (4 race minimum)
 - Club Championship 3 races (All races count).
 - Overall 19 races (11 race minimum)
- (4 possible flags per fleet)

Series scoring combined low point score best:

- 6 out of 7 or 8 races, raced (ie, 1 or 2 discards)
- 5 out of 5 or 6 races, raced (ie, 0 or 1 discard)
- 4 out of 4 races, raced (ie, 0 discards)

Year Overall Champion scoring all races low point score of best:

- 14 out of 18 or 19 races, raced (ie 4 or 5 discards).
- 13 out of 16 or 17 races, raced (ie, 3 or 4 discards)
- 12 out of 15 races, raced (ie, 3 discards).
- 11 out of 13 or 14 races, raced (ie, 2 or 3 discards).

Note: “raced” refers to actual on water races started by the race committee.

All races in which a yacht competes shall be scored.

- 15.2 Individual Series and Overall Score
- 15.3 Low point scoring system will be used.
- 15.4 DNF – Starters plus 1, DNS – Fleet plus 1, DSQ - Fleet plus 2
- 15.5 Ties will be broken as per SC Appendix A8
- 15.6 DSQ will be scored in series and overall results

16 MAKE UP RACES

- 16.1 A make up date is scheduled for the Tuesday following the last Summer series race.
- 16.2 Every attempt will be made to race equal numbers of races in each series (ie, if 7 races are sailed in Spring and 6 races in Summer, makeup race will be for Summer Race 7).
- 16.3 Races not started and races abandoned will take equal priority.

17 ONE AND TWO TURN PENALTIES

- 17.1 The ONE & TWO turn penalties in accordance with SC rule 44.2, will apply.

18 FLEETS

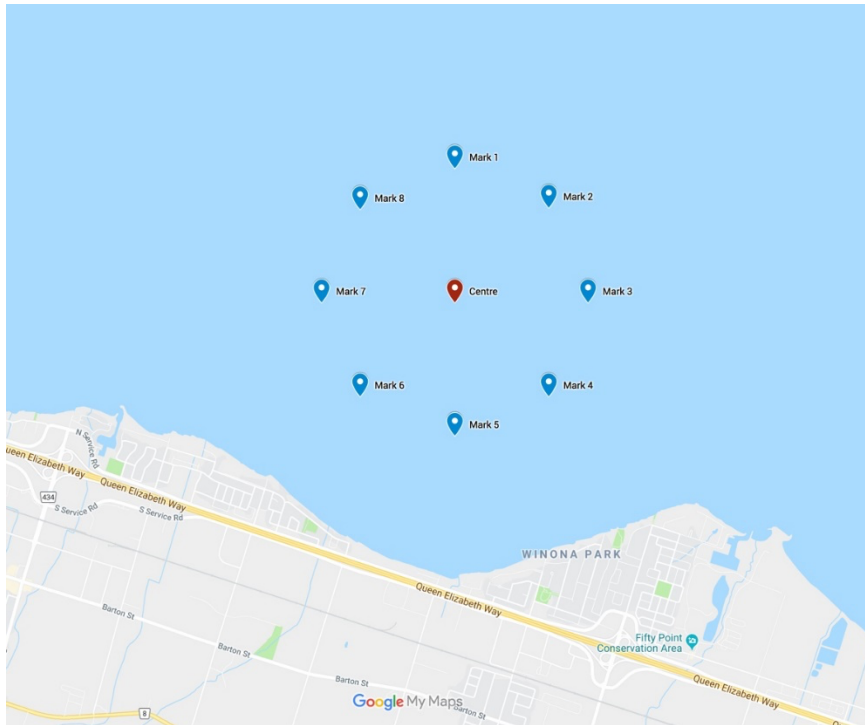
- 18.1 There will be two fleets, NFS and FS. See notice board for fleet information.
- 18.2 Each skipper will declare his/her yacht as 'flying sails, FS' or 'non-flying sails, NFS' for each of the series of races. He/she will maintain that designation until the series is completed. Yachts wishing to sail 'NFS' must make their intentions known prior to the first race in any series and are required to fly a visible white pennant from the backstay, otherwise she will be scored as a 'FS' yacht.
- 18.3 A minimum of five (5) yachts is required to constitute a fleet. If insufficient boats are available to make up a fleet, remaining boats will be scored with the other fleet using their appropriate rating for that fleet.

19 MEASUREMENT AND HANDICAP RATING

- 19.1 Any yacht with unmeasured sails which could affect its PHRF - LO rating shall have its sails measured. New sails acquired throughout the year must be submitted to the club handicapper for measurement before they are used.
- 19.2 The race committee reserves the right to inspect any member's yacht to verify its rating and compliance with club rules.
- 19.3 Measurement and handicap rating will be as per the current PHRF-LO handicapper's manual and by-laws.
- 19.4 Handicap grievances will be resolved in accordance with PHRF-LO by-laws.

APPENDIX 'A'

- The compass headings will be from the centre mark
- All races will start from the centre mark.
- All legs will be .50 miles from center at each point of the compass



Mark	DD MM.MM
Centre	43°14.65' N, 79°39.000' W
1	43°15.15' N, 79°39.000' W
2	43°15.00' N, 79°38.515' W
3	43°14.65' N, 79°38.316' W
4	43°14.30' N, 79°38.515' W
5	43°14.15' N, 79°39.000' W
6	43°14.30' N, 79°39.484' W
7	43°14.65' N, 79°39.684' W
8	43°15.00' N, 79°39.484' W

APPENDIX 'B'

Starting Sequence Time Flag Signal Sound Signal Significance

5	Number 1 Flag up	1 Horn	Warning , 5 min to 1 st start
4	P Flag Up	1 Horn	Preparatory, 4 min to 1 st start
1	P Flag Down	1 Horn	1 min to 1 st start
0	Number 1 Flag down, Number 2 Flag Up	1 Horn	Start first Fleet, 5 min to 2 nd start
4	P Flag Up	1 Horn	Preparatory, 4 min to 2 nd start
1	P Flag Down	1 Horn	1 min to 2 nd start
0	Number 2 Flag Down	1 Horn	Start 2 nd Fleet

NOTE: Visual signals to govern as per SC rules

Fleets Number 1 Flag – First start – Fleet white
 Number 2 Flag - Second start Spinnaker fleet

Preparatory Signal:

The 'P' flag or 'I' flag may be flown by the RC boat; either one indicates 'I' flag rule 30.1 is in effect

Start sequence – 1. FS 2. NFS

Appendix 'C'

1. In the situation with no official RC boat on station, the club members will take turns on assigned weeks in performing the task of dropping a mark for the start line.
2. The weekly assigned RC boat will start the race using the radio to count down to the start.
3. Each boat will record their own times for starting and finishing using the GPS clock.
4. The times will be sent/given into the Scorer the same evening of the race. If times are not provided within 24 hours the boats will be marked DNC.
5. The next boat scheduled to act as RC is responsible for collecting the dropped mark and holding it until the next week.